



# Spa TREATMENT MENU

## **FULL BODY MASSAGE | 50 MIN - £75**

A luxurious selection of natural products melts on contact with the skin. Focusing on relieving stress and muscle tension, this antioxidant rich treatment will help circulation and exfoliate dry skin while boosting the immune system.

## **BACK, NECK AND SHOULDER MASSAGE | 30 MIN - £40**

A traditional and relaxing massage at your desired pressure level to keep you feeling relaxed and de-stressed.

## **AROMATHERAPY FULL BODY MASSAGE | 55 MIN - £80**

A therapeutic traditional massage using your selection of the purest essential oils. focused on relaxation, pain management and helping with circulation. The added essential oils offer an additional sense of luxury with their natural fragrance.

## **AROMATHERAPY BACK MASSAGE | 25 MIN - £40**

Focused on the back to improve circulation, ease muscles, release toxins and stress relief. Using essential oils to aid in relaxing and re-energising the body and mind.

## **EXPRESS FACIAL | 25 MIN - £40**

Tailored to your individual needs this rehydrating facial will leave you feeling refreshed, rejuvenated and reenergized

## **ANTI-AGING FACIAL | 50 MIN - £65**

With vital influences from the sea, using marine pro-collagen rich product. Focused on leaving your skin, soft and renewed resulting in youthful radiance and plumping effect.

## **HAND AND FEET MASSAGE | 25 MIN - £35**

A soothing treatment aiding in improving circulation, softening and nourishing skin.

## **SCALP AND SHOULDER MASSAGE | 30 MIN - £40**

Focused on the head and upper body enhancing circulation and promoting relaxation.

